



All menu items in **orange** are made by us, here at **Wildings** PANTRY ESSENTIALS & can be purchase in store or online.

GRANOLA v | gf option 14

Our **Cinnamon & Honey** or **Coconut & Cranberry Granola (gf)**, rhubarb & berry compote & Schulz Organic Natural Yogurt

SOURDOUGH CRUMPETS ve & gf option +2 10

With butter & **Local Cold Filtered Honey**

SPICED FRUIT ENGLISH MUFFINS ve option | gf +2 9

With butter & **Raspberry Jam** or **Marmalade**

EGG & BACON ROLL gf +2 16

Pan-fried egg, maple smoked bacon, toasted bun & **Tomato Sauce**

BREAKFAST ROLL v | gf +2 16

Pan-fried egg, baby spinach, **Sesame & Coriander Dukkah**, vintage cheddar, toasted bun & **Barbeque Sauce**

WILD DOG gf +2 20

Salt Kitchen free-range bratwurst, **French Dijon**, kraut, vintage cheddar, slaw, aioli, **Tomato Sauce** on warmed long sourdough roll

SOUL BOWL gf | ve option 18

Lemon, Shallot & Parsley Infused Quinoa, kraut, cucumber, fried egg, **Vietnamese Jungle Salt**, crispy shallots & crunchy cos

ADD Fried Egg +4 | Poached Chicken +5 | Our Tuna Blend +5

WILD SALAD v | ve option 16

A delicious salad, featuring **our products**

ADD Fried Egg +4 | Poached Chicken +5 | Our Tuna Blend +5

Find all our other savoury & sweet treats in our deli

v Vegetarian | ve Vegan | gf Gluten Free Option

Our kitchen contains ALLERGENS (soy, wheat, dairy, seafood, seeds, eggs).
Please advise our staff if you have specific dietary requirements.

